Sleep With Me Podcast guide for new listeners

Welcome! If you're new to the podcast you might find scrolling though the episodes to be a bit confusing. Here's an overview of the types of episodes you can find in the podcast. Feel free to search for them in your podcast app.

First, it helps to use one of these podcast apps: Pocket Casts, Overcast or Podcast Addict. These apps allow searching within the feed. Then just search in your app for the episodes listed below. (Note: the ones that say Patreon are only available in the paid feed.)

New episodes come out every Sunday and Wednesday in the following rotation: Trending Tuesday (random/potpourri), Episodically Modular (written series created by Scooter which can be listened to in any order) and TV recaps. That way, if you only like a particular series or category, you can be assured it will be coming soon. Enjoy and sleep well!

TV recaps

Scooter does a recap of a TV series in a sleep-friendly way that will bore you to sleep.

Silent Film Sleepers- A sleepy, not silent recap of a silent film. (click here to listen)

Lulling With Lasso- Based on Ted Lasso season 1. (click here to listen)

The Good Place to Sleep. Based on The Good Place seasons 1-4. (click here to listen)

Bore Trek. Based on Star Trek TNG and Discovery. Various episodes. (click here to listen)

Baking Off to Sleep. Based on The Great British Bake Off or The Great British Baking Show. Season 9 (collection 6) and Season 8 (collection 5). (click here to listen)

Mandoborian. Based on Mandalorian seasons 1 and 2. (click here to listen)

Sleeping With Doctor Who. Based on Doctor Who episodes staring David Tennant. (click here to listen)

Metastasnooze. A comparison of Breaking Bad and Metastasis with Spanish language learning section and a brief made up story in Spanish. (content warning- sleep friendly but may have adult language) (Patreon)

Game of Drones. Based on Game of Drones. May have triggers for some listeners. (Patreon)

Walking Dud. Based on the Walking Dead. May have triggers for some listeners. (Patreon)

Trending Tuesday

Stories created by Scooter including personal essays, childhood memories and trending topics on Twitter and Reddit. Formerly called Trending Twitter Tuesday, when Scooter would take a topic trending on Twitter and write a story about it. Every third episode released is a Trending Tuesday. This is a big category, but here are a few listener favorites to get started.

Cloud Tower- Watch the clouds go by and sleep well in the hands of Morpheus.
(click here to listen)

Personal Story- Memories from Scooter's childhood in Syracuse, New York. (click here to listen)

Knocks- Scooter and Koa's favorite pastime. (click here to listen)

Little Andy- Adventures of Little Andy (Andrew Ackerman as an 8 or 10 or 6 year old kid). Are they real or imagined? You be the judge! (click here to listen)

Carole King Journey- Scooter tells stories inspired by Carole King.

Dreamquilt- Stories inspired by the dream quilt given to Scooter by listeners.

Episodically Modular

Full series created by Scooter. Each episode has a recap and is episodically modular, so you can listen in any order.

Journey Into the World of Friends- Our friends from Land of Tomorrow come back to make a new role playing adventure game. (click here to listen)

Make Great Pets- Stories about pets sent to help people told through the journal of a character named Rin. Each episode is stand-alone so you can listen in any order. (click here to listen)

Spice Friends- President Smith (President of the Collective Nations) must restore order when giant beings roam the Earth… "Big Ones" that yell, knock things over and step on stuff… The astronaut from Planet Zipper comes up with a plan to deal with them by creating giant spice-based beings. Each episode introduces a new Big One and Spice Friend. (click here to listen)

Lady Witchbeard- Tales of Lady Witchbeard, a pirate witch, and her adventures on the Thirteen Seas. (click here to listen)

Journey Into the Land of Tomorrow- Adventure story based on the 5th edition D&D will have you rolling into bed. (click here to listen)

As the North Pole Turns- Holiday soap opera. (click here to listen)

Otter Things- Join Emma Otter and her friends as they search to find their missing friend, Willow. Story loosely based on Stranger Things season 1 and inspired by Jim Henson's Emit Otter's Jug Time Christmas. Emma narrates. (click here to listen)

Get Besos- Two best friends, Richard Warren Sears and James Cash Penny (fictionalized characters) escape from purgatory and return to Earth 2.0 to find Jiff Besos. After they find Jiff and bring him back, Jiff sneaks out of purgatory in pursuit of Z-Biff (creator of a social media and shopping platform), so James and RW must head back to earth again to find Jiff before he gets Z-Biff. (click here to listen)

Dr. Triangle and Isosceles- In a world... without math… two heroes emerge… Dr. Triangle and Isosceles. Join them as they travel and perform shows to restore principles of math to the world. Featuring Ada the Mule as narrator. (click here to listen)

Big Farm in the Sky PI- Dee and GK solve mysteries with the help of their late uncle, Simon, who lives in the "big farm in the sky." (click here to listen)

Nuns In Space / Stan Chronicles- A free-style soda machine named Stan and a man named Scooter try to navigate out of the "cloud of delusion" with the nuns from Scooter's childhood. Three seasons.
(click here to listen)

The Girl That Lived in a Themepark- Story of a young woman who lives in an abandoned theme park.

After the Glass Slipper- Ever wonder what happened to Cinderella after she becomes queen? Listen to Scooter's first episodically modular series to find out. This tale follows Cinderella's stepmother, Agatha. Note: content warning on earlier seasons. (Patreon)

The Florida Project- Stories of Pit, Stephany and Corina. Similar to the TV show Weeds. Content warning- not sleep friendly, adult content, a lot of triggers and not appropriate for children. (Patreon)

Superdull Stories- Super hero stories. (Patreon)

Other Collections

All Intros- Each episode is a collection of 5 ad-free intros. Some listeners find the intros to be the most entertaining. Fall asleep listening to intro after intro. Warning- contains music at the start of each intro that may wake up some listeners. (These special episodes usually come out around a holiday to give you something extra to enjoy on a long weekend.)
(click here to listen)

Catalog- Scooter reads pages and describes pictures from a catalog. Guaranteed to bore you to sleep. A FAN FAVORITE! (click here to listen)

Bored Game Unboxing- Similar to unboxing videos, Scooter unboxes a board game and goes over the directions on how to play. (click here to listen)

Real Time Recipes- Scooter makes a recipe in real time. Like a cooking show, except done in real time. Features a trip to Trader Joe's before the actual recipe is prepared. (click here to listen)

Ray- Scooter's neighbor Ray is the most well adjusted person Scooter knows. An expert on theme parks, Ray talks about his latest trip while he tries to decipher Scooter's trip notes. A FAN FAVORITE! (click here to listen)

Tale of the Tape- Scooter attempts to do a sleep friendly recap of an iconic movie from his childhood based on what he misremembers. You'll get so lost that you'll fall asleep before you know it. (click here to listen)

Crossover- A sleepy version of an episode from another podcast. (click here to listen)

Holiday- Various holiday episodes, including stories of Roberta Clause, Claude Neon Reports, The Happiest Holiday Shop, The Great Holiday Cookie Adventure.

Autumnal- Fall favorites to help you fall asleep fast.

Nature Talks Back- Stories of Bernie Da Butterfly, a butterfly with the attitude of a Brooklyn cab driver. (click here to listen)

Boredom Institute Seminar- Imagine sitting in a long, boring meeting after lunch in a warm meeting room. (Patreon)

On Location- Recorded live on location with background sounds. Sounds may wake up some listeners. (Patreon)

Fearless Flyer- Scooter talks about food on the latest Trader Joe's Fearless Flyer. Always free and worth every penny! A FAN FAVORITE. (Patreon) (click here to listen)

Dickens Fair- Recorded live on location at the Dickens Fair. Warning- sound effects. (Patreon)

Guided Meditation- Not your typical guided meditations. Like getting poked in the third eye. (Patreon)

Live Show- Audio from Sleep With Me Live. These episodes have lower quality audio and may sound different. (Patreon)

Milestone- Episodes 101, 502, 703, 800, 900, 1000, 1001, 1111, 1200

Behind the scenes and the creative process- Learn how the podcast came into creation and how stories arise from the “story swamp.” Spoiler alert- behind the scenes information that may spoil the magic for some listeners. Show: 158, 310, 712, 846, 1091, Great British Bake Off Facts from Episode 3 (Patreon). Series reviews: 189, 336, 339, 411, 484, 532, 577, 673, 721, 790, 824, 900, 923, 981, 1024, 1080, 1135.

Retrospective of Episodes- A recap of past episodes within a range. If you can stay awake, listening to these might help you discover some new episodes you might enjoy. (click here to listen)

Sleep Show- The sleep show you’re awake for. Content warning- has actual callers and sounds that could wake some listeners. (Patreon)

Napcast- Stimulate your nappetite with shorter episodes featuring Tomin and Pounce and the prayers from Game of Drones. (Patreon)